



GIG
CYMRU
NHS
WALES

**Bwrdd Iechyd
Cwm Taf
Health Board**

**Providing Tier 2/3 Services in Merthyr Tydfil, Rhondda Cynon Taf, Bridgend, Swansea,
Neath Port Talbot, Cardiff and the Vale of Glamorgan**

*Yn darparu gwasanaethau haenau 2/3 ym Merthyr Tudful, Rhondda Cynon Taf, Pen-y-bont ar
Ogwr, Abertawe, Castell Nedd Port Talbot, Caerdydd a Bro Morgannwg*

**CHILD AND ADOLESCENT MENTAL HEALTH SERVICE
MANAGED CLINICAL NETWORK**

Cardiff & Vale of Glamorgan

1. Specialist CAMHS Consists of:

- Primary Mental Health Workers – Providing consultation, advice and training in mental health issues, to all first access service staff.
- Tier 2/3 Specialist CAMHS – Assess and treat disorder / illness when a child & young person is referred.
 - Assess and advise.
 - Provide consultation to carers and professionals including social work and education staff.
 - Family Therapy consultation.
 - Joint clinics with Paediatricians.
 - Young people's drug and alcohol service.
 - Advice on Children First Panel.
 - Out of Area placed children and young people have sometimes been brought back to be seen.
 - Advice on Matching Needs Panel.
 - Consultation to Social Workers.
 - Meetings with Educational Psychology.
- Community Intensive Therapy Team – Intensive working with approximately 45 clients at any one time. Approximately 50% of current caseload either looked after or has Local Authority involvement.
- Inpatient Services – One Unit in Bridgend from Cardiff to Newtown ($\frac{2}{3}$ of Wales). All admissions via Consultant Child & Adolescent Psychiatrists.

- Forensic Services – Tier 3 Forensic Service takes referrals from the Tier 2/3 CAMHS. Does risk assessment of offenders with mental disorder. Team covers Cardiff & Vale of Glamorgan, Rhondda Cynon Taf, Merthyr Tydfil and Parc Prison. Also supports Youth Offending Services.
 - Tier 4 Forensic – An all Wales service dealing with high risk behaviour, oversight of mentally disordered offenders.
2. Route of referral to Specialist CAMHS is through Tier 2/3 CAMHS Team in St David's Hospital / Llandough Hospital.
 - Emergency referrals responded to within 24 hours by speaking with Consultant.
 - Urgent referrals responded to within 2 weeks.
 - Routine referrals responded to within 16 weeks.
 3. After hours, weekends and bank holiday service is accessed via GPs.
 4. New developments.
 - Specialist CAMHS moves to the 18th birthday on 1st April 2011.
 - Specialist CAMHS will work with Learning Disabled children & young people who have mental disorder probably from October 2011. Waiting for confirmation from WAG.
 5. Strains: Services are stretched. There are pressures in capacity. If capacity is effected in the next few years it will effect the nature and extent of work which can be provided and the timescales in which it can be delivered.

Through coordination nationally over the last 10 years, services have improved significantly. It is important to maintain progress.